

# The Seal Chit-Chat

Volume 9 Issue 1.

October 2013



825 Seal

## The view from the fourteenth floor

### It's back.

Like a vampire rising from the grave, the Seal Chit-Chat has returned to entertain and enlighten you every month. Every issue you will find important information about what is going on in the building, pictures from recent events, writing, photos, humor, and other good stuff.

I hope you enjoy this issue and those to come.

Melissa Pappas  
Editor

## Let's do our part to keep our home clean

There have recently been a number of issues with messes being left in the community room and TV room. Because of that, I thought the rules should be reviewed.

**There is no food allowed in the carpeted areas. Food is allowed in the TV room.**

**Residents are expected to clean up after themselves when finished in the community room and TV room. This includes throwing all garbage into the wastebaskets and bringing any dishes from the kitchen back there. (Or to the edge of the counter when the kitchen is closed.)**

Garbage and dishes have been found in the TV room and near the computers. Pop bottles have also been left there. There is a broom next to the pop machine. If you are able, please sweep up if you have crumbs around your table. We don't mean to get on anyone's case about this. It just has been a big problem lately and could be contributing to the recent bug problem in the community room.

This is everyone's home, and since we don't have a maid service coming in daily to clean (the things mentioned above are not handled by maintenance.) it's all our responsibility to keep it neat.

## Want to watch TV?

The TV room is available every day from 9:00AM to 10:30PM (give or take a little) Food and drinks may be brought in there. Just remember to throw garbage in the wastebasket and take dishes and bottles with you.

There are rare occasions when the TV room is reserved for a resident group or event. Notice will be posted earlier that day when that happens.

***"Where there is no imagination, there is no horror."- Sir Arthur Conan Doyle***

## You are cordially invited

The Evil Queen requests your presence at a magical celebration on October 31st  
The fun begins at 6:30 PM

This is a potluck celebration so donations of delicious snacks and desserts are encouraged. (Cash donations are also accepted.)  
Costumes are encouraged.  
Sign up on the bulletin board by October 26th.



## Mark your calendar

October birthday party  
Saturday, October 12th  
3:00-4:30PM

Residents Council meeting  
Tuesday, October 15th  
6:30PM

Movie day  
Saturday, October 19th  
3:00-5:00PM

Possible movies this month:  
The Stepfather  
The Wicker man  
The Burrowers

Ravenous  
Stepfather 2

Basic computer class  
Monday, October 21st  
3:00-4:30PM

Halloween party  
Thursday, October 31st  
6:30PM

## Just for laughs

Naughty nursery rhymes

Mary had a little lamb  
She also had a bear.  
Everyone has seen Mary's lamb  
but no one has seen her bear.

Jack and Jill went up the hill  
to fetch a pail of water.  
Jack was pushed,  
His head was smushed,  
And Jill was charged with  
manslaughter.

Little Miss Muffett sat on a  
tuffet eating her curds and  
whey.  
Along came a spider,  
That decided to bite her  
And now she is rotting away.

Humpty Dumpty sat on the wall  
Humpty Dumpty had a great fall.

All the king's horses and all  
the king's men  
Knew that Humpty had been out  
drinking again.



## Help Wanted

Do you like all the events we have here?  
Do you want more activities?  
If so, you aren't the only one.

Unfortunately these things don't happen  
on their own. People are needed to help  
plan them and put them on.

### **Needed volunteers:**

**Holiday party committee**

**Birthday cake bakers**

**Event decorating and clean-up help**

**Garden committee**

**Volunteer Appreciation committee**

**Errand runners**

It doesn't take a lot of time or special  
skills to volunteer, and it makes a big  
difference.

## Computer training offered this month

Later this month a basic computer class  
will be held.

This class will cover basics like how to  
use a mouse and keyboard, Windows  
basics, email basics.

If there is enough interest there could be  
more training.

Flyers and a sign up sheet will be posted.  
The class will be held on October 21st at  
3:00PM.

We will be using the hi-rise computers  
and several others that will be brought in  
for the class.

*"I smell blood and an area of prominent  
madmen."- W.H. Auden*

## Computer corner

Please don't eat in the computer area.

Remember to sign out when you are  
finished checking your email or using a  
site like Facebook. If you don't do this  
your account might be available to the  
next person that goes to that site.

Also, do not check any boxes that say  
**remember me or keep me logged in.**  
(That is fine on your own computer but  
not on a public or shared one.)

We will be getting a new computer soon.  
We first need to get different computer  
furniture or find a place for it.

The new computer will be similar to the  
HP one we have now and it will have  
Windows 7. It will also have Babylon  
translation software.



## Submissions wanted

Submissions of stories, poems, photos, jokes, puzzles are always welcome. Email items to [newsletter@sealhirise.com](mailto:newsletter@sealhirise.com) or place them in the suggestion box.

**Deadline for submission:  
October 25th**

*"I like small weapons you see,  
The needle, the pen, the fine point of a  
deal.  
Subtlety. Not your style, I know."-  
Mr.Gold, Once Upon A Time*

## Cooking corner

Fall is a great time for hearty soups and stews. (There's nothing like a steaming bowl of squash soup on a chilly day.) This month we have a simple chili recipe. (Recipe is from [allrecipes.com](http://allrecipes.com).) This recipe makes two servings. The second serving can be frozen or put in the refrigerator for another meal later in the week.

### Easy Homemade Chili

#### Ingredients:

5 ounces ground beef  
3/8 onion, chopped  
3/8 (14.5 ounce) can stewed tomatoes  
3/8 (15 ounce) can tomato sauce  
3/8 (15 ounce) can kidney beans  
1/2 cup water  
3/8 pinch chili powder  
3/8 pinch garlic powder  
Salt and pepper to taste

#### Directions:

1. In a large saucepan over medium heat, combine the beef and onion and sauté until meat is browned and onion is tender. Add the stewed tomatoes with juice, tomato sauce, beans and water.

2. Season with the chili powder, garlic powder, salt and ground black pepper to taste. Bring to a boil, reduce heat to low, cover and let simmer for 15 minutes.

## Did you know?

Did you know that the hi-rise has a website?

You can see it when you open Firefox on the community room computers or go to it on any computer at [www.sealhirise.com](http://www.sealhirise.com) On the site you will find building news and information, meeting, minutes, event photos, and other interesting stuff.

The photo gallery has recently been updated and improved. You can use the link on the site or go directly to [gallery.sealhirise.com](http://gallery.sealhirise.com)

We also have a new help desk. Computer issues can now be emailed to [computer@sealhirise.com](mailto:computer@sealhirise.com) or you can submit a ticket at [help.sealhirise.com](http://help.sealhirise.com). This helps us keep track of problems and hopefully provide better support. You also can continue calling or directly contacting the computer administrator if you feel more comfortable doing that.

## Reminder: Children are not allowed to use the computers.

This is per the Presidents Council rules. I have seen a few children using the computers recently and that needs to stop. This also applies to people attending parties when the community room is reserved.

Thank you for your cooperation in this.

*I dream of a better world, where chickens may cross a road without their motives being questioned*

